

# Love as seen through a developmental empathic lens\*

A conference by  
**Joseph D.  
Lichtenberg**  
M.D.  
psychoanalyst

**Saturday May 7th 2011,  
9 a.m. to 4:30 p.m.**  
(Registration starts at 8:30 a.m.)

Le Nouvel Hôtel  
room Dorchester/Maisonneuve  
1740 West René-Lévesque Blvd, Montréal  
514-931-8841

Metro Guy-Concordia  
Indoor parking:  
entrance on Saint-Mathieu St.

\*The presentation will be given in English.  
Simultaneous translation will be  
available to francophones and anglophones.

## ■ The Conference

Love – everyone knows what that means, but do we really? In this presentation, Dr Lichtenberg will consider the many splended variations of love and loving and their connections to the intentions and goals of differing motivational systems. Dr Lichtenberg is the main author of the psychoanalytic motivational systems theory through which we can come to understand, and sometimes explain, complex intentions, goals and mental states through an empathic developmental lens. Loving and being loved is one of those complex affect state which involves all of the motivational systems and their interplay.

In his talk, Dr Lichtenberg will first focus an empathic lens where love and loving all begin, that is on the interactions of the parent's caregiving system and the infant's attachment and sensual systems. Turning to a developmental perspective on the life cycle, he will distinguish between childhood, adolescent, and adult dyadic and triadic attachment love, romantic love, lustful love, and lust without love. He proposes that « the foundational pattern of triadic relations that forms early in life becomes central to romantic love and rivalry in the oedipal phase, shifts form in middle childhood and young adolescence to same-sex intense friendships, generally shifts again in later adolescence to opposite sex desire, and again shifts in adult relationships.» (*Psychoanalysis and Motivational Systems: A New Look*, 2010, p.92.)

Dr Lichtenberg's presentation will be augmented by multiple illustrations derived from infants and children's observations in developmental research and adults in clinical situations.

## ■ The Speaker

Dr. Joseph Lichtenberg is a practicing psychoanalyst in Washington, D.C. He has written and published extensively about the psychoses, psychosomatic illnesses, literature and creativity, psychoanalytic theory, attachment theory and research, affective development, and the technique of psychotherapy and psychoanalysis. Dr. Lichtenberg is the chairman of an on-going workshop/seminar on creativity, past President of the International Council of Psychoanalytic Self Psychology, Corresponding Member of the Institute for Contemporary Psychoanalysis (Los Angeles), Supervising Analyst of the Institute for the Psychoanalytic Study of Subjectivity (New York), a member of the Klein-Rappaport Study Group, and on the editorial boards of *Psychoanalytic Dialogues* and *Psychoanalysis and Psychotherapy*. He is also on the Advisory Board of the Institute for the Advancement of Self Psychology (Toronto). He is the Editor-in-Chief of *Psychoanalytic Inquiry* and the Psychoanalytic Inquiry Book Series. He is a Founder and Director Emeritus of the Institute of Contemporary Psychotherapy and Psychoanalysis (Washington, DC). He is the co-editor of *Reflections on Self Psychology* (1983), *Empathy I and II* (1984), and *Attachment and Sexuality* (2007). He is the author of *The Talking Cure* (1985), *Psychoanalysis and Infant Research* (1983), *Psychoanalysis and Motivation* (1989), and with Frank Lachmann and James Fosshage: *Self and Motivational Systems: Toward a Theory of Psychoanalytic Technique* (1992), *The Clinical Exchange: Techniques Derived From Self and Motivational Systems* (1996), *A Spirit of Inquiry: Communication in Psychoanalysis* (2002), and recently *Psychoanalysis and Motivational Systems: A New Look* (2010). In 2005 he wrote *Craft and Spirit: A Guide for the Exploratory Psychotherapies*, and in 2007, *Sensuality and Sexuality Across the Divide of Shame*.

# Learning

## ■ Learning Objectives

During this one day conference, participants will first be given a review of the central concepts of the motivational systems theory and their application to the clinical situation in understanding intentions, goals and mental states as exemplified by the complex affect of love. Application of this understanding by the participants will enhance their approach to the clinical exchange in the following way :

- Participants will improve their ability in the clinical exchange to make meaningful inferences about the emotions, intentions and goals of others and one's self, as seen through a developmental empathic lens.
- Participants will improve their ability to recognize and apply these ideas to their own work in psychotherapy by being able to recognize the constant multiple shifts of motivational dominance in the intersubjective field they constitute with patients.

# Organizing

## ■ Organizing Committee

- Lucie Lalonde, psychologist
- Marie Noël, psychologist
- Annette Richard, psychologist, president of the GEI

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 832, av. Bloomfield, Outremont (Québec) H2V 3S6

## Le Groupe d'étude sur l'intersubjectivité (GEI)

The GEI is a professional association of psychotherapists who are practicing from an intersubjective perspective inspired by Self Psychology. It offers an affiliative opportunity to therapists who would like to learn this particular approach. Our objectives include the advancement of continuing education for our members, and the sharing of clinical experiences and reflections.

This presentation by Dr Joseph D. Lichtenberg, our guest speaker of the year, is a peak moment in our activities. We are very happy to offer simultaneous translation from English to French and from French to English again this year.

## ■ To become a member of the GEI

Any psychotherapist who belongs to a professional Order, or is holding an attestation (psychologist or medical doctor) or a permit of practice (other professional Order and acquired rights) as psychotherapist can become a member of the GEI. If this is what you want, you can include a check to the amount of \$30 payable to the GEI. The fee will be applicable to membership for the year 2010-2011. Activities are held in French, except the yearly Conference with an outside guest.

# Registration

## ■ Conference Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: ( \_\_\_\_\_ ) \_\_\_\_\_

E-mail: \_\_\_\_\_

- Member of the GEI
- Non-member of the GEI
- Student\*
- Membership fee to the GEI enclosed

### Do you intend to use the French to English translation service (Question period) ?

Yes  No

### Fees (meal included)

	Until April 22nd 2011	After April 22nd 2011
Members	165\$	180\$
Non-members	180\$	195\$
Students*	105\$	120\$

### Refund Policy

If you must cancel your registration, please do it in writing and a refund less an administrative fee of \$25 will be allowed up to April 22nd 2011. We regret that refunds cannot be allowed after April 22nd. Upon reception of your check and your form, your registration will be completed. A receipt will be given to you at the Conference site.

Please send this form along with your check payable to the GEI to:

GEI, a/s de Marie Noël  
 832, av. Bloomfield  
 Outremont, (Québec)  
 H2V 3S6

\* Full time university student only. Please include ID card copy.

